



2008 SA FITNESS INDUSTRY AWARDS CRITERIA & NOMINATION FORM

COMMUNITY FITNESS INSTRUCTOR OF THE YEAR AWARD

Eligibility

The Community Fitness Instructor of the Year Award recognises an individual who works in a community setting such as aqua and outdoor classes, older adults, children, and community groups for a minimum of two years and has contributed to the development of other community fitness instructors and educated and motivated lifestyle changes to his or her clients.

Nominees must have Certificate III Fitness Instructor (instruct in a community setting) and be a Registered Fitness Professional.

Nomination Instructions

To nominate a nominee/s for the 2008 SA Fitness Industry Awards, please follow the Nomination Instructions carefully and complete the Nomination Form.

Each application is carefully reviewed, and any deviation from the Nomination Instructions and Criteria may result in a disqualification.

Step 1 Complete the Nomination Form.

Step 2 Submit no more than a 100-word summary of the nominee's three greatest measurable contributions to the fitness industry from 1 July 2007 – 30 June 2008. Give specific examples such as "raised club membership retention by 20%," "increased class participation by 25%," or "motivated 50 sedentary people to adopt an active lifestyle."

Step 3 Supply detailed answers to the Criteria under the award you are nominating for, limited to no more than four one-sided typed (or computer generated) pages, using a 12-point font size or larger.

Step 4 Include a copy of the nominee's résumé, not to exceed two pages. The résumé should detail the number of years the nominee has been in the fitness industry, the extent of their "hands-on" training or teaching experiences, the number of hours per week spent training or teaching clients, educational background and qualification/certification/s.

Step 5 Supply two (2) references, one from a client and one from a professional colleague.

Step 6 (Optional) Include up to three (3) newspaper or magazine clippings about the nominee's program/s or facility. Please photocopy them on A4 paper, reducing clippings to fit if necessary.

Step 7 Include six (6) copies of the total application (including the original).

Step 8 Provide one (1) original photograph of the nominee (preferably a head shot) that can be used in a publication and slide presentation.

Step 9 Send all materials to Recreation SA by 5pm, Friday 29 August 2008. Nominations may be sent by Australia Post to the following:

Recreation South Australia
Bec Beazley
SA Fitness Awards Nomination
2A 900 South Road, Edwardstown SA 5039

Entries will only be accepted if they are post marked before the closing date. No late entries will be accepted. Receipt of submission will be notified in writing by Recreation SA and addressed to the nominated contact on the Nomination Form.

Important Notice

Please do not send videotapes, audiotapes, brochures or posters. They will not be reviewed as part of the application process and will be discarded. Once the nomination deadline arrives, all nominations will be sent to a panel of judges selected by the Fitness Standing Committee. The judges' decision is final and no discussion or correspondence will be entered into.

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### **Criteria for Community Fitness Instructor of the Year – for fitness industry activities carried out from 1 July 2007 – 30 June 2008.**

- Describe the successful classes, workouts and activities the nominee is responsible for initiating, developing and instructing. Include programs that are creative and innovative, the various types of classes the nominee teaches and the target audiences they are teaching and the fitness levels of participants (identify areas of special activity). Illustrate participation adherence, growth, participant goal attainment and specific techniques that have resulted in lifestyle changes for clients.
- Describe the impact of the nominee's instructional skills on students and peers, plus their contributions to the development of other fitness instructors through mentoring or coaching activities. Include the nominee's professional vision for community fitness, the different markets they have reached and how their teaching and leadership have contributed to their organisation's success.
- Describe the nominee's participation in fitness industry-related events, committees, task forces and publications (please list).
- Describe the nominee's participation or developmental role in community events and outreach programs including, but not limited to, charity fundraises, awareness campaigns, newspaper and magazine articles, lectures and fitness demonstrations.

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2008 SA Fitness Industry Awards Nomination Form

Please indicate which award you are nominating for (tick one only)

- | | |
|--|---|
| <input type="checkbox"/> Group Fitness Manager of the Year | <input type="checkbox"/> Fitness Professional of the Year |
| <input type="checkbox"/> Fitness Centre of the Year | <input type="checkbox"/> Life Time Achievement Award |
| <input type="checkbox"/> Fitness Studio of the Year | <input type="checkbox"/> Personal Trainer of the Year |
| <input type="checkbox"/> Membership-Sales Consultant of the Year | <input type="checkbox"/> Community Fitness Instructor of the Year |

Nominated by (if applicable): _____

Nominee's Full Name (if applicable): _____

Nominee's Fitness Australia Registration Number: _____

Home Phone: _____

Business Phone: _____

Mobile Phone: _____

E-mail: _____

Address: _____

Employer: _____

All statements and claims in this application are accurate. My submission is subject to disqualification if any inaccuracies or misstatements are uncovered during the review of this submission. I agree to keep all award information confidential until Recreation SA publicly announces this information.

Sign: _____ Date: _____

Name: _____ Position _____

Nominations close Friday 29 August 2008 at 5pm.